



## Inner Wheel Club of Marlow Newsletter January 2020

May I wish you all a Happy and hopefully healthy New Year for 2020, with the usual Inner Wheel fun and friendship while we raise funds for others.



December seemed to pass in a whirl of activities, several of them Inner Wheel. The Christmas Party at Flackwell Heath Golf Club was enjoyed by all, with everyone sitting at a snow-themed table. We were very pleased to welcome both our Honorary members, the President of

Marlow Rotary and former member Muriel Jones, just days before her 90<sup>th</sup> birthday. We presented a cheque for £30 to Shaun for the Royal British Legion Poppy Appeal and £100 to Jackie for One Can Trust to allow the Marlow recipients to have a little extra Christmas cheer in their food parcels.



Most of us were bamboozled by Maddy's quizzes. The Picture quiz was a tie between Snowmen and Snow Goose tables and Dingbats was won by

Snowflake. Our singing of Christmas songs and carols was well led by Jackie and enjoyed by the kitchen staff! Thank you to everyone who helped to make it such a success.



Seven of us went to the Bourne End and Cookham Christmas Tea and enjoyed hearing about the National Gardens Scheme from a very enthusiastic couple who now volunteer for them. The tea was good, prepared by Winter Hill Golf Club, and served on 3 tier stands as well. I think Pauline S is going to pop over to advise on scone making!

18 of us went to Pub Lunch at the Grouse and Ale in Lane End. There was a bit of food shuffling but we all got the right food in roughly the right order in the end. There was plenty of friendship for our last Inner Wheel get-together of the year.

We can look forward to a busy January, celebrating International Inner Wheel Day on the 10<sup>th</sup> with a Textile lunch at Avril's, where we will raise money for our International Charity Women and Girls; 2 Clubs supper with Marlow Tangent on 14<sup>th</sup> and catering for the Rotary Bridge Night on 17<sup>th</sup>. Interesting how Marlow events so often involve food!

As news seemed a bit thin I thought I would add a bit of my own and pose a question - which through Joan's contacts might reach the wider Inner Wheel community. Last Saturday morning I did my 100<sup>th</sup> parkrun - which is a free, timed 5km run at 9am every Saturday, happening at venues all over the world. Mine was at Black Park near Langley, together with Bob and 843 others!

I wondered how many other Inner Wheelers also do parkrun? (parkrun.org.uk)



*Pattie*